

ROMANTIC SLOW



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Record : "Romantic Slow" Super Star Ballroom CD267 No.16

Rhythm : Foxtrot(ph III+1) Speed : As on CD Date : July 2007 Ver.1.0

Footwork : Opposite, directions for man(lady as noted)

Sequence : Intro - A - A - B - A(1~8) - Ending

Meas

INTRO

1~ 4 CP/LOD Wait Pickup Notes & 1 Meas; Box;; Dip Bk & Rec;

- 1 CP fc LOD lead foot free for both wait pickup notes and 1 meas;
- 2- 3 (Box) Fwd L, -, sd R, cl L; Bk R, -, sd L, cl R;
- 4 (Dip Bk) Bk L flex knee, -, Rec R, -;

Meas

PART A

1~ 8 Fwd Run 2; Fwd Run 2; 2 L Trns;; (CP/Wall)Whisk; Thru Fc Cl; Twirl Vine 3; Pickup Sd Cl(*Scar);

- 1 (Fwd Run 2) Fwd L, -, fwd R, fwd L;
- 2 (Fwd Run 2) Fwd R, -, fwd L, fwd R;
- 3- 4 (2 L Trns) Fwd L commence LF trn, -, sd R cont LF trn, cl L to R; bk R commence LF trn, -, sd L cont trn, cl R to L CP fc Wall;
- 5 (Whisk) Fwd L, -, sd R, XLIB of R to SCP/LOD;
- 6 Thru R, -, sd L fc partner and wall, cl R CP/Wall;
- 7 (Twirl Vine 3) Sd L lead W RF trn, -, XRIB of L, sd L(W fwd R twd lod commence RF trn under lead hand, -, sd L cont RF trn, cont trn fc coh sd R);
- 8 (Pickup) Fwd R lead W LF trn, -, sd L, cl R(W fwd L front of man commence LF trn, -, cont LF trn sd R, cl L) Scar fc DW;
* 3rd time end CP/LOD;

9~16 Cross Hover(Bjo); Cross Hover(Scar); Cross Hover(SCP); Manuv; OP Impetus; Thru Fc Cl; Hover; Pickup Sd Cl(CP/LOD);

- 1 (Cross Hover Bjo) XLIF of R commence LF trn, -, sd R cont LF trn, cont trn rec L Bjo/DC;
- 2 (Cross Hover Sdcar) XRIF of L commence RF trn, -, sd L cont RF trn, cont trn rec R Sdcar/DW;
- 3 (Cross Hover SCP) XLIF of R, -, sd R lead W RF trn, sd & fwd L SCP/LOD;
- 4 (Manuv) Fwd R commence RF trn, -, cont RF trn sd L, cl R CP/RLOD;
- 5 (OP Impetus) Bk L commence RF trn, -, cl R cont RF trn(heel trn), SCP/LOD fwd L(W fwd R heel to toe pivot 1/2 RF, -, sd & fwd L cont RF trn around man brush R to L, fwd R);
- 6 Thru R, -, sd L fc partner and wall, cl R CP/Wall;
- 7 (Hover) Fwd L, -, sd & fwd R, rec fwd L to SCP/LOD;
- 8 (Pickup) Fwd R lead W LF trn, -, sd L, cl R(W fwd L front of man commence LF trn, -, cont LF trn sd R, cl L) CP/LOD;

Meas

PART B

1~ 8 L Trning Box;;;; Fwd Run 2; Manuv Sd Cl; Spin Trn; Box Bk;

- 1- 4 (L Trning Box) Fwd L commence LF trn, -, sd R, cl L fc COH; Bk R cont LF trn, -, sd L, cl R fc RLOD; Fwd L cont LF trn, -, sd R, cl L fc Wall; Bk R cont LF trn, -, sd L, cl R fc LOD;
- 5 (Fwd Run 2) Fwd L, -, fwd R, fwd L;
- 6 (Manuv) Fwd R(W bk L) commence RF trn, -, cont RF trn sd L, cl R CP/RLOD;

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- 7 (Spin Trn) Bk L pivot 1/2 RF, -, fwd R between woman's feet heel to toe cont RF trn fc LOD, sd & bk L(W fwd R between man's feet heel to toe pivot 1/2 RF, -, bk L cont RF trn brush R to L, sd & fwd R);
8 (Box Bk) Bk R, -, sd L, cl R fc LOD;

9~17 L Trning Box 3/4;;; (CP/Wall) 1/2 Box Bk; Whisk; Wing; Trn L & R Chasse Bjo; OP Impetus; Chair & Slip(CP/LOD);

- 9~11 (L Trning Box 3/4) Fwd L commence LF trn, -, sd R, cl L fc COH; Bk R cont LF trn, -, sd L, cl R fc RLOD; Fwd L cont LF trn, -, sd R, cl L fc Wall;
12 (1/2 Box Bk) Bk R, -, sd L, cl R;
13 (Whisk) Fwd L, -, sd R, XLIB of R SCP/LOD;
14 (Wing) Fwd R, -, draw L to R, tch L to R(W across front of M fwd L commence LF trn, -, cont LF trn fwd R, cont LF trn fwd L)SCAR/DC;
SQ&Q 15 (Trn L & R Chsse) Fwd L LF trn fc COH, -, sd R/cl L, sd and bk R LF trn Bjo fc RDC;
16 (OP Impetus) Bk L commence RF trn, -, cl R cont RF trn(heel trn), SCP/LOD fwd L(W fwd R heel to toe pivot 1/2 RF, -, sd & fwd L cont RF trn around man brush R to L, fwd R);
17 (Chair & Slip) Ck thru R with lunge action, -, rec L, slight LF upper body trn slip bk R(W ck thru L with lunge action, -, rec R, swivel LF on R and stp fwd L)CP/LOD;

Meas

ENDING

1~ 4+ L Trning Box;;; Dip Bk & Hold;

- 1~ 4 (L Trning Box) Fwd L commence LF trn, -, sd R, cl L fc COH; Bk R cont LF trn, -, sd L, cl R fc RLOD; Fwd L cont LF trn, -, sd R, cl L fc Wall; Bk R cont LF trn, -, sd L, cl R fc LOD;
+ (Dip Bk) Bk L flex knee, -